



## Vegetarian and Vegan Café

We use local, seasonal, and organic produce where possible.  
Our meals are cooked to order, and we appreciate your patience during peak times.  
Please visit us at the counter to order - We hope you enjoy the Bamboo Buddha experience!  
(Check out our special's boards and our cabinet display for other delicious options!)

### ALL DAY MENU

#### **Classic Toast Selection \$7**

sourdough, wholemeal, turkish, white, gluten free  
with a choice of spreads: vegemite, peanut butter, honey  
or jam

#### **Fruit Toast (2 slices) \$8**

with a side of butter (add jam or honey)

#### **French Toast (N) \$22**

toasted brioche with stewed apple and rhubarb, berries,  
crumble, vanilla ice cream and maple syrup

#### **Eggs your way (GFO) \$12**

your choice of eggs (poached, fried or scrambled)  
on toast (white, wholemeal, sourdough, turkish or GF)

add sides-  
roasted mushrooms \$5 / grilled halloumi \$6 / sauteed spinach \$3  
house beans \$4.50 / grilled tomatoes \$4.50 / hashbrown \$3  
avo smash \$5 / hollandaise \$3 / tomato relish \$3

#### **Smashed Avocado (GFO, N, VO) \$19.50**

avocado smash, herbed tomatoes, fetta, pepitas, beetroot  
hummus, chef's dukkha on toasted sourdough  
(add poached eggs +\$5)

#### **Breakfast Wrap \$17.50**

with smashed avocado, mushrooms, hashbrown, tomato  
relish, spinach, cheese and scrambled egg on a spinach  
tortilla toasted or fresh

#### **Vegie Delight Benedict (GFO) \$22**

two soft poached eggs, roasted mushrooms and pumpkin,  
grilled zucchini, baby spinach, hollandaise sauce on toasted  
sourdough

#### **Buddha Big Breakfast (GFO) \$26**

eggs your way, avocado, halloumi, roast mushrooms, grilled  
tomato, house beans, hashbrown and toasted sourdough

#### **Mushroom Bruschetta (V, GFO, N) \$19.50**

sauteed mushrooms, cashew cream, caramelised onion,  
pesto, fetta, pine nuts on toasted sourdough

#### **Hippie Bowl (V, GFO, N) \$21**

house beans, roasted pumpkin and mushrooms, grilled  
zucchini, beetroot hummus, baby spinach, dukkha,  
wholemeal sourdough  
(add poached eggs +\$5)

#### **Buddha Lentil Burger (V, GFO) \$24**

house lentil, carrot and coconut pattie, lettuce, tomato,  
carrot, pickled onion, avocado, creamy cashew sauce, sweet  
chilli on a turkish bun - served with fries

#### **Vegan Nachos (V, GF) \$22**

house veggie and bean mix, creamy cashew sauce, tomato  
and corn salsa, smashed avocado, corn chips

### SOMETHING Small

#### **Banana Bread \$6.50**

(GF option +\$1)

#### **Cheese Croissant \$7.50**

(add tomato +\$1)

#### **Soup of the day \$14.50**

with toasted sourdough  
(ask staff for flavour)

#### **Cheese & Tomato toastie (VO) \$12**

on sourdough

#### **Bowl of fries \$9**

with a side aioli  
(sweet potato +\$3)

#### **Mushroom toastie (VO) \$16.50**

with roast mushrooms, caramelised onion,  
cheese, pesto

V-Vegan VO-Vegan Option GF-Gluten Free GFO-Gluten Free Option N-Contains Nuts (GF bread or roll +\$1)  
- Weekend Surcharge 10% -

Dishes are prepared in a kitchen that contains allergens including nuts and wheat.  
Please let us know of any allergies

## HOT DRINKS

### **Coffee**

babycino - \$1.50  
espresso, piccolo, macchiato - \$4  
long black - cup \$4 / mug \$4.70  
cappuccino, latte, flat white - cup \$4.70 / mug \$5.70  
mocha, dirty chai - reg \$5 / lge \$6  
affogato (espresso w/ice cream) - \$5

### **Not Coffee**

hot chocolate - reg \$4.70 / lge \$5.70  
specialty lattes; chai, matcha, turmeric, ginger  
- reg \$5 / lge \$6

### **Extras**

decaf, extra shot, honey, syrups (caramel, vanilla,  
hazelnut) - 70c

### **Pots of Tea**

english breakfast, french earl grey, sencha green,  
peppermint, lemongrass and ginger  
- for 1 \$5.50 / for 2 \$8

honey spiced sticky chai  
- for 1 \$7 / for 2 \$9.25

### **Alternative Milk**

almond, soy, lactose free, oat, coconut  
- 90c

## COLD DRINKS

### **Fresh Juices**

Green dream (celery, apple, pear, cucumber, lemon)  
Ginger ninja (apple, orange, lemon and ginger)  
Buddha juice (apple, orange, carrot, ginger) or  
Create your own! (choice of 4: apple, orange, carrot,  
ginger, lemon, celery, cucumber, watermelon, pear)  
- kids \$7 / reg \$9

### **Milkshakes**

chocolate, vanilla, caramel, or strawberry  
- kids \$5.50 / reg \$7.50

### **Fruit Smoothies**

banana, strawberry, mixed berry, mango  
- kids \$6.50 / reg \$8.50  
acai  
- kids \$7 / reg \$9

### **Iced Drinks**

frappes  
chocolate, caramel, chai, coffee, mocha  
- kids \$5.50 / reg \$8.50

iced long black - \$5  
iced latte - \$7,  
iced coffee, chocolate, chai - \$8  
iced mocha, dirty chai - \$8.50

### **Syrups**

caramel, vanilla, hazelnut  
- 70c

## BOTTLED DRINKS

kids apple or orange 200ml - \$3

pineapple juice 400ml - \$5

lemonade 400ml - \$5

bottled water 600ml - \$3.50

san pellegrino sparkling 250ml - \$4.50

cold pressed juices 250ml - \$6

kombucha (various flavours) 330ml - \$6